

EXHIBIT S

Bridger

Oct 3, 2024

Intention - "I am a man who is strong enough and wise enough to make good and focused decisions"

3.5 grams -

12:55 - Started drinking

1:00 - Finished Drinking

2.0 gr

1:10 - Booster

1:10 - feeling it

Patterns and Dimensions

They are talking to me.

- Everytime people close their eyelids the answers are right there infront of them, infront of me.
- Have everyone meditate because we know how to build the pyramids. We will teach them.
- Aliens in the bathroom want to tell me things and give me answers.
- The stars talk to me and give me answers. I created the constalations. We are Gods.
- Why don't I listen to my body. I need to start listening.
- Why don't you?
- Because I think I can't do it - (self limiting belief)